

DREAM LIFE PLANNER

MY NAME:

MY PURPOSE:

3 WORD TITLE: I AM THE _____

MY DREAM LIFESTYLE:

HABBITS I NEED TO START:

STOP:

CONTINUE:

WHAT I WOULD LIKE TO ACHIEVE BY 2030:

HOW I VALUE SUCCESS - MY METRICS

WHAT I NEED TO LET GO OF

TRANSFORMATION ISN'T SOMETHING THAT WILL HAPPEN IN THE FUTURE, IT'S A DAILY PRACTICE.

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LIFETIME GOALS

MY LEGACY

10 YEAR GOALS

1 YEAR GOALS

3 MONTH GOALS

3 MONTH ACTION PLAN

"SMALL ACTS WHEN MULTIPLIED BY MILLIONS OF PEOPLE CAN TRANSFORM THE WORLD." - HOWARD ZINN